1: Meek E, G-5 (1925-1930) 1931
FF38 Katab FF38

for the withdrawal of the curse and putting some ashes on his tongue and spitting them out. M. Junod describes an exactly similar rite of reconciliation among the Bantu-speaking Thonga of South Africa.[1]

As regards the future life and psychological beliefs, the Katab's ideas are, like our own, of an indeterminate character. For the abode of the dead he uses the Muslim term "Lahira", and he believes that the majority of the spirits of the dead are content to remain there. One who has done evil in his lifetime will be punished in "Lahira" by the ancestral spirits. It is the discontented and evil spirits that return to the world to trouble men. The Katab does not appear to have any conception of a multiple soul. The breath and shadow are associated with the soul. If anyone falls ill it is because the soul has left the body temporarily. His soul leaves his body when he goes to sleep, and it is the re-entry of the soul which causes him to dream. During the day the soul may become partially dissociated and follow him about, and for this reason a man will sometimes turn quickly on the road, thinking there is someone at his back. The soul of a witch can be seen at night giving off fire. There does not appear to be any conception of a bush soul, but the souls of certain animals are believed to be able to enter a man's body. Thus if a hunter kills a roan he immediately fumigates himself and his house with some smoking medicine. The soul of a dead enemy must also be warded off by rites to be described later.

Reincarnation ideas are not prominent, but in certain cases the dead are believed to be reborn. Thus the posthumous child of a hunter who was killed in the bush may be the hunter himself reborn, and the mark of the shot which killed him may be seen in the child's leg. A man who had met a violent death may be born again as the son of his remarried widow, bearing on his body the mark of the wound which had caused his death. These beliefs appear to be based on well-known physiological facts. It is of interest to note that if a widow (or widower) dies, she (or he) is met on the other side by the soul of her (or his) first husband (or wife), i.e. it is a man's first wife who is regarded as his true wife.

Associated apparently with the private ancestral cult is the

[1] *The Life of a South African Tribe*, vol. ii, p. 371.

3:Temple G-4 (no date)1922 FF38 Katab FF38
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241 ripening a fowl is sacrificed and its blood, together with the
775 leaves of the "Karran-Kwoi" and "tongwa," is put in a hole in the centre of the farm.

776 The spirits are subject to Gwaza, the supreme and beneficent
782 god who helps the living against evil ghosts. In drought the people pray to him for rain, facing first to the south, and then to the other points of the compass. The priests kill a fowl and place its blood, with a few of its feathers, on a stone two feet high in the sacred grove (at times some of its flesh is added), gia is then thrown three times on each corner of the stone and three incantations are spoken. Gwaza is believed to consume the offering and the petition is always granted.

776 When the new moon rises the people pray to Gwaza for health
821 and luck, and rejoice, but on this occasion no beer is drunk. They believe that the sun is a ball of fire, which falls into the water at night and becomes extinguished, but that it travels back to the east at night, at a higher level, and gets fresh fire from the supreme god. If a tree or house is set on fire by lightning the people must put out their old fires and kindle them afresh from this heavenly source.

761 The Kagoro believe that there is a stream dividing life from death, and that when a man falls sick his soul leaves his body and journeys to this stream, where the spirits of the dead, who are assembled on the further shore, decide whether he may cross the bridge. Sometimes the decision is so long delayed that the spirit shrinks, and when it returns to the body has lost its full command. A first husband and wife will always come to the brink of the stream to greet the other, and both parents will come to welcome an unmarried child.

774 The soul leaves the body during sleep, as is proved both by dreams and by the fact that a person suddenly awakened has not full command of his faculties, which shows that the soul has not had time to return to the body. It is possible that the wandering soul may be caught and beaten, or its bowels or liver taken to a magic cave in the grove by the souls of evil men, who devour it. These evil souls glow like fire, which light is visible to the priests alone. When summoned to the injured man the priest calls out several names and the afflicted recognises
[754] that of his tormentor, who is summoned and shut into a room
[683] where a fire is burning, on which pepper is thrown, and there he is left until he promises restitution. If he fails to keep his promise he is sold as a slave, or choked.

No inanimate object has a soul, but the souls of animals may be born into the children of their slayer—it is doubtful, however, whether they can leave the living body.

798 Women and children are not allowed near the sacred groves,
688 nor may they speak of spirits under penalty of death.